Research Database Tips
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Reference Sources for Health and Medical Information

Individuals often have a need to look up information on diseases, medical conditions, surgeries, medical tests, pharmaceutical drugs, herbal remedies, or alternative medical options for class assignments or personal interest. Wor-Wic subscribes to two online research databases that provide reference content in addition to journal content for health and medical information.

*The Health and Wellness Resource Center* is a great source for all types of health related information. It provides quick search tabs at the top of the page to quickly find *Diseases and Conditions (Gale Encyclopedia of Medicine)*, *Alternative Medicine (Gale Encyclopedia of Alternative Medicine)*, *Drugs and Herbal Remedies* (multiple sources), a *Medical Dictionary* (Mosby’s Medical, Nursing, and Allied Health Dictionary), *Trusted Websites* (additional sources of accurate information), and *Risk Assessments* (Internet sources that may help one determine his risk of getting cancer, heart disease, diabetes etc.).

The general search covers all of the reference books listed above plus many more Gale publications including *AltCareDex Alternative Medicines, CareNotes, Clinical Reference Systems, Detailed Drug Information for the Consumer, Gale Encyclopedia of Cancer, Gale Encyclopedia of Surgery and Medical Tests, Harvard Special Health Reports*, etc.

In addition to reference books, *The Health and Wellness Resource Center* indexes and provides access to 700 health videos, 330 pamphlets and over 1200 general interest magazines, fitness magazines, and medical and professional journals.

*The Nursing Resource Center* is also provided by Gale. Although it is designed for nursing students, it also provides excellent information for the general public and students enrolled in drug and alcohol counseling, psychology, and some sociology classes. There are two separate search boxes on the main page that provide quick access to *Common Drugs A-Z (PDR Nurse’s Drug Handbook)* and *Common Diseases and Conditions (Gale Encyclopedia of Medicine)*.


In addition to reference books, *The Nursing Resource Center* also provides full-text indexing for over 1300 general interest magazines and medical/professional journals.