5K Run/Walk for Wor-Wic

Saturday, Sept. 19, 2015
8 a.m. - check in or register
9 a.m. - walk, run or race

Take the course your way:
Walk it, Run it or Race it

1 Mile Walk
Open to the public
Walk for Wor-Wic and stay to enjoy the music and fun activities for the whole family.

5K Run
Open to the public
Trophies will be awarded to the first place overall male and female finishers and medals will be awarded to the top three male and female finishers in eight different age categories.

5K Race
Law Enforcement Team Cup Challenge
Winning team gets the coveted Law Enforcement Team Cup, currently held by the Salisbury Police Department.

Proceeds will benefit the students of Wor-Wic Community College. For more information, call (410) 334-2808.
The Wor-Wic Community College Foundation is sponsoring a 5K Run/Walk for Wor-Wic, along with the 2015 Law Enforcement Team Cup Challenge, at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury. The 5K run and one-mile walk are open to the public. The Law Enforcement Team Cup Challenge is open to area law enforcement teams who compete for the team cup trophy that is passed to the winning agency from year to year. All participants are invited to stay for the awards ceremony, refreshments, music and fun activities for the whole family.

General Rules:
• Trophies will be awarded to the first place overall male and female finishers.
• Medals will be awarded to the top three male and female finishers in eight different age categories: under 10, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59 and 60+.

Law Enforcement Team Cup Challenge Rules:
• The challenge is open to employees of any law enforcement agency.
• Each agency can have an unlimited number of teams, with two or three officers per team.
• The two fastest times will be combined to determine the winning agency.
• The Law Enforcement Team Cup remains the property of the Wor-Wic Foundation. The winning agency agrees to keep the Law Enforcement Team Cup for one year at their headquarters and return it to Wor-Wic prior to the next year’s event. When the cup is returned, the winning agency receives a plaque with a photo of the winning team.
• Agency team members are also eligible to win awards in the individual age groups.
5K Run/Walk for Wor-Wic
Registration Form
Saturday, Sept. 19, 2015, at 9 a.m.
Wor-Wic Community College Campus

A separate registration form is required for each participant.

Please register me for the:  □ 5K run  □ Law Enforcement Team Cup Challenge
□ 1 mile walk (Children walking with a paying adult are free.)

Name
_________________________________________________________________________________________________
Street Address City State ZIP
_________________________________________________________________________________________________
Email Address Phone Number
_________________________________________________________________________________________________
Age on Sept. 19, 2015
□ Male  □ Female  □ Current Wor-Wic Credit Student

Additional information for law enforcement teams:
_________________________________________________________________________________________________
Name of Agency
________________________________________________    _______________________________________________
Teammate Teammate
$ ____________ Entry fee  $ ____________ Additional donation to help Wor-Wic students  $ ____________ TOTAL

□ My check, made payable to the Wor-Wic Foundation, is enclosed.
OR □ Please charge to:  □ VISA  □ Mastercard  □ Discover
Acct. No. ___________________________  Exp. Date ___________________________
3-Digit Security Code _______ Signature ___________________________

I know that running/walking a road race is a potentially hazardous activity and that I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running and walking in this event, including but not limited to falls, contact with other participants, the effects of the weather, including cold and high heat, traffic and conditions of the road/sidewalks. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the following: Wor-Wic Community College, Wor-Wic Community College Foundation, Eastern Shore Running Club, Wicomico County, the City of Salisbury and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I understand and waive even though that liability may arise out of carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Entry Fees

Received by Sept. 17:
$25 per person
$15 for current Wor-Wic credit students

After Sept. 17:
$35 per person
$25 for current Wor-Wic credit students

Mail completed form to: Wor-Wic Foundation, 32000 Campus Dr., Salisbury MD 21804

Questions? Email jmurphy@worwic.edu or call (410) 334-2808.
Thank you to our 2014 Sponsors!

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