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See Faculty website for office hours

Texts:


(Copies may be obtained free of charge from SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI), (800) 729-6686 or (301) 468-2600; TDD (for hearing impaired), (800) 487-4889, or electronically through the following Internet World Wide Web site: www.samhsa.gov.ncadi)

Course Description

This course provides the student with an opportunity to apply the principles and techniques of group counseling and to develop skills as a group leader by participating in community self-help (12 step) groups and leading role-played groups. *Three lecture hours per week*. Prerequisite: CDC 251 with a grade of “C” or better. Usually offered in the spring.

Course Objectives

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<tr>
<th>Course Objectives</th>
<th>Assessment Goals</th>
<th>Assessment Strategies</th>
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| 1. Classify the five therapeutic models of group used in substance abuse treatment. GEO 1, 2, 3 | -Identify and choose the appropriate therapeutic model to use with a selected population. -Identify the major tenets for each model. -Write a counseling plan using one of the therapeutic models. | Class Activities  
Unit Exam  
Final Exam  
Presentation and Paper |
| 2. | Differentiate between self help and therapy groups. GEO 1,2 | -Articulate the difference between self-help and different kinds of therapy groups.  
-Choose an appropriate group for a given population.  
-List and find groups that are suitable for a client.  
-Observable a self-help group.  
-Identify the role of the leader and clients in a self help or therapeutic group. | Class Discussions  
Unit Exam  
Final Exam  
12 Step Report  
Presentation and Paper |
|---|---|---|---|
| 3. | Describe the various stages of treatment and the various stages of group.  
GEO 1, 2, 3 | -Describe the stages of group.  
-Describe the stages of treatment.  
-Identify the stage that a client may be going through in a group setting. | Class Activities  
Unit Exam  
Final Exam  
Presentation and Paper |
| 4. | Describe the major functions of group leaders and co-leaders  
GEO 1, 2, 3 | -Demonstrate the characteristics of a group leader and a co-leader.  
-Demonstrate the role of a counselor/co-leader. | Class Activities  
12 Step Report  
Unit Exam  
Final Exam  
Presentation and Paper |
| 5. | Identify and describe the appropriateness of addressing basic problems, concepts, techniques, ethical problems, interventions and management issues that face group leaders  
GEO 1, 2, 3, 5 | -Demonstrate skills and techniques used to manage a group.  
-Identify ethical issues that may arise in a group setting.  
-Develop a management plan for a group. | Class Activities  
12 Step Report  
Unit Exam  
Final Exam  
Presentation and Paper |

**Course Strategies**
The primary strategy for this course will be a lecture-discussion format, combined with small group work. Information shared will include concepts in the textbook, professional resources, and classroom lectures and DVD resources. Small group discussions will focus on key concepts and application. Presentations will demonstrate techniques and skills.

**Attendance/Participation:**
Due to the purpose of this class and the interactive nature of this group, attendance for the full duration of the class is mandatory. Students are expected to attend all regularly scheduled classes. Extraordinary conditions such as illness or family emergencies may warrant an excused absence IF followed up with the proper documentation. Any outside scheduling conflict MUST be resolved so that all classes and groups will be attended. Please turn off cell phones and audible beepers during class. Students will be given ample breaks during class, and it is expected that any communication via cell phone or texting will be conducted during those breaks and not during class time. Students are required to attend and participate in class. Each student is responsible for their learning, and must be responsible for notifying the instructor of any emergency absences. Students are expected to be active learners; active participation in class is expected.
Grading Criteria:                      Point Value

Group Proposal Presentation/ Paper          200
12 Step Report                        100
Attendance/Participation               90
Exams (2)                              200
Final Exam                            100
Half-Sheet Quizzes                    70
Group Leader Role Plays                20
Group Leader Session Review Form       20

Final Grade:                   /800

Letter Grade Conversion:


Attendance Grade Rubric

<table>
<thead>
<tr>
<th>Absence</th>
<th>Grade</th>
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<tbody>
<tr>
<td>01</td>
<td>90%</td>
</tr>
<tr>
<td>02</td>
<td>70%</td>
</tr>
<tr>
<td>03</td>
<td>65%</td>
</tr>
<tr>
<td>04</td>
<td>0</td>
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Academic Honesty:
Academic honesty is expected of all students. Plagiarism and cheating are violations of academic honesty. Any student found violating the academic policy will receive an automatic “0” for the assignment and then the matter will be turned over to the Student Disciplinary Committee. Documented evidence of the plagiarism or the cheating will be kept in the Human Services Department office.

Plagiarism: In both oral and written communication, the following guidelines for avoiding plagiarism must be followed:
1. Any words quoted directly from a source must be identified as a quote and cited.
2. Any paraphrasing or rephrasing of the words and/or ideas of a source must be cited.
3. Any ideas or examples derived from a source that are not in the public domain or of general knowledge must be cited.
4. All papers and presentations must be of the student’s own work.

There are ambiguities in concepts of plagiarism. I will be available for consultations regarding any confusion a student may have.

Blackboard use:
Blackboard is being used as a supplementary site in this course. To access course content in Blackboard you need to have access to a computer with an Internet connection (other requirements may apply). Computers that meet these requirements are available on campus in MTC 200, AAB 217, HH 100, GH 204, WDC 305, and AHB 108. Please follow these directions to access course syllabi and any other materials posted for this course:

Login information: 1. From Wor-Wic home page, point to “Quick Links” (top right) and click the “Blackboard Login” link.
2. Enter your Wor-Wic user ID and password (same as your Wor-Wic Email user ID and password). Don’t know your user ID or password? Contact Student Services.

Emergency Information:
In the event of a flu epidemic or other emergency that results in the suspension of classes, faculty will be communicating with students about their courses and course requirements, such as assignments, quiz and exam dates, and class and grading policies, via faculty websites or Blackboard. Students will be responsible for completing all these assignments in accordance with class policies. Information about the resumption of classes will be communicated via the College’s website and email system.

Writing Assignments:
There will be TWO required writing assignments for this class (excluding the Co-Leader Session Review Form).
1. Students will be required to attend a twelve step meeting, such as AA, NA, and write a reaction paper about the meeting. Questions to consider when writing the paper are:
   1. What was the meeting like overall? (Friendly? Hospitable?)
   2. What was the meeting like physically? (safe part of town? Parking? comfortable room?)
   3. How were you greeted? (Friendly? Respectfully?)
   4. Was there anyone in the group with whom you felt particularly comfortable?
   5. What was the topic of the meeting?
   6. Did everyone participate in the meeting?
   7. Did you feel comfortable with the person who was directing the meeting?
   8. Did you go early and/or stay late at the meeting?

The twelve step report will be graded for content and proper grammar, punctuation and spelling. Content will compose 70 of the 100 points. Grammar, punctuation, spelling will compose 30 of the 100 points. The paper should be two type written pages in length (double spaced), with one-inch margins, top, bottom, and sides.

2. A Group Proposal Paper will be required for this class. You will work in pairs for the proposal presentation. At minimum, the proposal will include:
   1. Introduction- the purpose of the group, research supporting the need for the group (utilizing Wor-Wic’s data bases), issues to be explored, etc.
   2. Organizing the Group- How the group will be formed.
   3. Group Format- Specifications of the group- how long it will last, ground rules, issues anticipated in the group, topics for interaction, group goals (this can be a separate component, if desired.)
   4. Group outcomes- How the group will be assessed/evaluated/personal observations, comments.

There are several examples of group proposals in your text. You may look at these and follow a specific example, but the above elements need to be included in your paper as well as your presentation. A writing rubric is attached to the syllabus for this project. The proposal should be at minimum four type-written pages in length (double-spaced), with one-inch margins, top, bottom, and sides.
# CDC 252 51 GROUP COUNSELING TENTATIVE SCHEDULE

**SPRING I 2012 (8 weeks)**

<table>
<thead>
<tr>
<th>CLASS SESSIONS</th>
<th>TOPICS <strong>Subject to Change</strong></th>
<th>ASSIGNMENTS</th>
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<tbody>
<tr>
<td><strong>It is your responsibility to be present during the entire class. Should you miss a portion of any class, you must provide written documentation, and find out what was missed from a peer.</strong></td>
<td>ASSIGN CO-LEADERS AND CLIENTS TO GROUPS DVD Clips Half-Sheet Quiz</td>
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<tr>
<td><strong>ASSIGNMENTS</strong></td>
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<tr>
<td>Class 1: 1/09/12</td>
<td><strong>Introduction to Course and Syllabus</strong> Review of CDC 251 and Chapters 1-8 of text</td>
<td><strong>ASSIGN CO-LEADERS AND CLIENTS TO GROUPS</strong> DVD Clips Half-Sheet Quiz</td>
</tr>
<tr>
<td>Class 2: 1/13/12 NO CLASS- 1/16/12- MLK DAY</td>
<td><strong>Chapter 9- Groups for Children Psycho-educational Groups</strong></td>
<td><strong>ASSIGN CO-LEADERS AND CLIENTS TO GROUPS</strong> DVD Clips Half-Sheet Quiz</td>
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<tr>
<td>Class 3: 1/23/12</td>
<td><strong>Chapter 10- Groups for Adolescents Skills Development Groups</strong></td>
<td><strong>ASSIGN CO-LEADERS AND CLIENTS TO GROUPS</strong> DVD Clips Half-Sheet Quiz</td>
</tr>
<tr>
<td>Class 4: 1/30/12</td>
<td><strong>Chapter 11- Groups for Adults Cognitive-Behavioral Groups</strong></td>
<td><strong>Exam I: Ch. 9 and 10, Groups 7, 8, and 9 DVD Clips if time allows. Half-Sheet Quiz</strong></td>
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<tr>
<td>Class 5: 2/06/12</td>
<td><strong>Chapter 12- Groups for Older Adults Support Groups</strong></td>
<td><strong>Exam II: Ch. 11 and12, Groups 13, 14, and 15 DVD Clips (if time) Half-Sheet Quiz</strong></td>
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<tr>
<td>Class 6: 2/13/12</td>
<td><strong>Review of Different Therapy Approaches Used in Group Counseling Interpersonal Process Groups</strong></td>
<td><strong>Group Proposal Papers</strong> Half-Sheet Quiz</td>
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| Class 7: 2/20/12 | **Specialized Groups in Substance Abuse Counseling** | **Group Proposal Presentations** DVD Clips (if time allows)**
| Class 8: 2/27/12 | **Presentations of Group Proposals Review for Final Exam** | **GROUP PROPOSAL PRESENTATIONS** DVD Clips (if time allows)**
| **Final Exam:** | **Friday, March 2, 2012 5:30 pm-7:30 pm** | **Final Exam 100 points (Cumulative)** |

**NOTE:** The final exam MUST be taken on the above date and time. The ONLY exceptions to this are the following: 1. Court Obligation, 2. Military Obligation, or 3. Childbirth/Medical emergency (your OWN, not someone else’s!).