Nursing Department

NURSING 151

ADULT NURSING

Course Outline
Summer 2013

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Individual instructor office hours and tutoring / learning resource hours are posted on the instructor’s office door and posted on their website. Contact information is provided on the instructor’s website. The instructor’s preferred method for contact is provided in a Separate handout.
I. Credits: 6 Semester Hours

II. PREREQUISITE: Nursing 101 or permission of the department head. Current CPR Certification and Health Records.

III. Time Allotment:
Theory: 4 hours/week
Laboratory: Preassignment – 2½ hours/week
Skills Lab - 4 hours/week
Clinical – 8½ hours/week

IV. COURSE DESCRIPTION:
The focus of this course is on the nursing process as a method of determining the nursing actions needed to help patients compensate for their inability to engage in self-care. Common health problems of adults are studied, along with related pharmacology. Skills attainment is emphasized in the skills laboratory and through concurrent clinical laboratory experiences that emphasize the therapeutic and developmental self-care requirements of adults with common health problems. Hours: 52 lecture, 52 laboratory and 143 clinical.

Prerequisite: NUR 101 or permission of the department head. Course Fee: $120. Laboratory Fee: $47. Insurance: $9. Usually offered in the Spring and Summer.

V. OBJECTIVES:
At the completion of NUR 151, the student will be able to:
1. identify obvious deviations from normal in the physiological, emotional, cultural, and social functioning of adults; (GEO-2,5,7)
2. assess, analyze, and identify nursing interventions for clients experiencing common deviations from health; (GEO-2,4,6,7)
3. perform nursing care appropriate for adults with common health deviations, observing principles of safety and asepsis; (GEO-4,6,7,8) health deviations.
4. use principles of therapeutic communication to collect data, to implement plan of nursing care, and to evaluate care given; (GEO-1)
5. identify the need for and provide instruction; (GEO-1,3,7,8)
6. identify own abilities and limitations in providing nursing. (GEO-8)
7. demonstrate accountability for own nursing practice by seeking guidance appropriately and by practicing within the ethical and legal frameworks of nursing. (GEO-5,8)
VI.  A. **Required Textbooks** - *These textbooks are ESSENTIAL for the course.*


** (Abrams either 9th or Frandsen 10th is acceptable for Clinical drug therapy.)


**Recommended Texts** - These textbooks are additional resources to assist students in the course, but are NOT mandatory to purchase.


Blackboard is being used as a supplementary site in this course. To access course content in Blackboard, you need to have access to a computer with an internet connection, (other requirements may apply). Computers that meet these requirements are available on campus in AHB 108 and other resource labs on campus.

Please follow these directions to access course syllabi and any other materials posted for this course.

Login Information
1. From Wor-Wic home page, point to “Quick Links: (top-right) and click the “Blackboard Login” link.
2. Enter your Wor-Wic user ID and password (same as your Wor-Wic email user ID and password).
3. Don’t know your user ID or password? Contact Student Services.

VII. Teaching/Learning Methods:
- Charts
- Skills assignments
- Demonstrations
- Drug Cards
- Videotapes
- Group work
- Library Assignments
- Computer/Simulations
- ATI-Learning Systems PN

Concept – mapping
Lecture/discussion
Nursing Care Plans
Client Care Assignments
Reports
Pre and Post Clinical Conference
Electronic Media Center
Simulations

VIII. COURSE REQUIREMENTS:
To complete requirements for each portion of Nursing 151, the student must meet course objectives and:
1. complete the theory portion (Nursing 151) with a minimum grade average of 75%; (GEO 2,3)
2. complete all Skills quizzes with a minimum grade average of 75%. (GEO 2,4)
3. perform satisfactorily in the clinical laboratory; (GEO 2,5,6,7,8)
4. complete written assignments, ATI-Learning Systems PN, and all library assignments with a grade of 75% or satisfactory; (GEO 1,2,3,6,8)
5. pass pre and post drug calculation tests with a minimum grade of 90%; (GEO 4)
6. prepare a written plan of care for EVERY PATIENT, assigned to direct care; (GEO 1,2,3,5,6,8)
7. pass all SKILLS CHECKS; (GEO 2,4,6)
8. attend assigned clinical and observational rotations reporting on time to appropriate place and person. (GEO 8)
IX. EVALUATION

The final grade of the course will be determined by the following components:

1. A minimum grade of 75%, in theory, skills lab, and all written assignments must be attained to pass the course.

<table>
<thead>
<tr>
<th>Theory - 50% of final grade</th>
<th>Skills Lab - 50% of final grade</th>
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<tbody>
<tr>
<td>Exam #1  ___ x .2</td>
<td>Skills Test #1 ___ x .20</td>
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<tr>
<td>Exam #2  ___ x .2</td>
<td>Skills Test #2 ___ x .20</td>
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<td>Exam #3  ___ x .2</td>
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<td>Exam #4  ___ x .2</td>
<td>Skills Test #4 ___ x .20</td>
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<tr>
<td>Final Exam ___ x .2</td>
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(Cumulative) 1 Written assignment = 1 skills test ___ x .20

2. One “Complete Nursing Care Plan” prior to mid-semester and a mini-care plan for each clinical experience receiving a “satisfactory” rating.* Refer to Section X for grading standards.

3. Satisfactory completion of all skills checks. (refer to syllabus section re: skills checks)

4. Satisfactory student performance in the clinical laboratory based on achievement of the course objectives and reflected in the Student Progress Report.

5. No extra credit will be allotted in this course.

6. Care plans will be receive either a “Satisfactory or Unsatisfactory rating (S/U) grade.

7. A passing grade of at least 90% on the pre and post drug calculation tests.

8. Satisfactory completion of the ATI-Learning Systems PN requirement

9. Satisfactory completion of the Writing Assignment. Having met the minimum requirement of 75% or greater for skills tests, then and only then, will the written assignment grade be averaged and that average counts as one skills test grade.

*A care plan the last clinical week is at the discretion of the instructor.

The grading scale is:

- A - 100-90
- B - 89-80
- C - 79-75
- D - 74-66
- E - 65 or below

X. Grading Standards

1. Care Plans:

   A. One “Complete Nursing Care Plan” is required during the first clinical rotation. Mini care plans will be required for each clinical experience. A care plan the last week of the semester is at the instructor’s discretion.

   B. The first care plan submitted must be a “mini” care plan and will not accrue a
penalty if determined to be “unsatisfactory”, however, the student must submit a revision of an “unsatisfactory” attempt prior to the beginning of the first theory class of the following week. The revised care plan must achieve a “satisfactory” evaluation or (1) one point will be deducted from the final skills grade.

C. Care plans will be graded applying either an Unsatisfactory or Satisfactory rating, using the Worksheet for Evaluation of NCP.

D. Grading Standards for the COMPLETE NURSING CARE PLAN;
   1. Nursing assessment tool completed.
   2. The Worksheet for Evaluation of NCP will be used to record scoring.
   3. The “Complete Nursing Care Plan” must include 5 Nursing diagnoses. One diagnosis must be psychosocial. (see instructor for acceptable psychosocial diagnoses). A minimum of three outcome criteria are required with each nursing diagnosis. One outcome criterion must be a learning outcome.
   4. If an incomplete care plan is handed in to the instructor, the care plan will be assigned a grade of “Unsatisfactory” and returned to the student.
   5. The “Complete Nursing Care Plan” must be submitted prior to the fourth clinical week. If it is evaluated as an “Unsatisfactory”, a deduction of 1 percentage point from the final skills grade will be applied.
   6. All abnormal data are to be highlighted on the assessment tool and related to a nursing diagnosis.
   7. On the “Complete Nursing Care Plan”, laboratory significance must be completed when the care plan is turned in for grading.
   8. Maintain a complete and correct Drug Sheet for all the assigned patient’s ordered drugs as detailed on the Drug Sheet Guidelines.
   9. All Nursing Care Plans must be accompanied by a journal, self-evaluation and IV flow sheet to be complete.
   10. All care plans must be submitted no later than the beginning of the 1st theory day of the week following the clinical experience.

E. Requirements for MINI CARE PLANS (all NCP’s except the one required “Complete Nursing Care Plan”). A “mini” care plan must be submitted as the first care plan for evaluation during the first clinical rotation, see section X; Grading Standards, 1 (B).
   1. The database is to be completed. Basic data, assessment tool/physical exam, lab significance, disease processes).
   2. The three highest priority nursing diagnoses. One diagnosis must be psychosocial must be a learning outcome must be included.(see instructor for acceptable psychological diagnoses).
   3. “Mini Care Plans” are due no later than the beginning of the 1st theory day of the week following the clinical experience, but may be turned in at the end of the clinical day, if desired.
   4. All other sections of the nursing care plan are to be complete except rationales which are optional. A minimum of 3 outcomes per diagnosis, one of which must be a learning outcome must be included.
   5. Maintain a complete and correct medication information file which includes all assigned drugs.
6. Mini care plans must be accompanied by a journal, self-evaluation and IV flow sheet to be complete.

7. **One penalty point** will be deducted from the final skills average for **each** “Unsatisfactory” Mini Care Plan.

8. **All** care plans must be submitted no later than the next-to-last clinical laboratory in the rotation.

2. **Drug Calculation Competency Pretest and Posttest**
   A. A drug competency pretest will be given before the first clinical day in the health care setting and must be passed with a 90% or greater.
   1. If students do not pass the pretest, it must be retaken prior to the next pre-assignment.
   2. *Failing the drug calc pre-test will result in 2 points off the final skills grade. A second failure will result in an additional 2 points off the final skills grade. A third failure will result in a failure for the clinical portion of the course.*
   3. Students need to schedule the drug calc pretest retake at a mutually agreeable time for the faculty member and student.
   4. Students who do not pass the drug calc pretest may not give medications in the clinical setting until they have successfully passed the pretest.
   5. The first scheduled drug calc pretest date will be on the student calendar.

6. **It is the student’s responsibility to seek remediation before retaking the drug calculation test.**

   B. A drug competency posttest will be given as posted on the course calendar and must be passed with a 90% or greater. If students do not pass the posttest, they may retake it 1 time during the following week.
   1. 2 points will be deducted from the student’s final skills grade if the student fails the first posttest.
   2. Failure to pass the posttest will result in the student being unable to give medications in the clinical setting until it is passed.
   3. If students fail to pass the posttest the second time, it will result in clinical failure for the semester. The student will receive a grade of “F” for the course.
   4. Students who do not pass the posttest need to schedule the posttest retake at a mutually agreeable time for the faculty member and student.

5. **It is the student’s responsibility to seek remediation before retaking the drug calculation test.**

   6. The first scheduled posttest date will be on the student calendar.

3. **Skills Checks**

   A. Two skills checks are conducted in NUR 151 on the dates noted on the student calendar.

   B. Additional learning experiences are planned for skills check day so be prepared to spend 4-6 hours on campus completing these activities. Confirmation of completion of these activities must be provided.

   C. **Skills Check #1** (prior to mid-semester) is IV management. Refer to objectives under Skills Lab #2 in your syllabus. Plan on 60 minutes to complete these skills. The skills
check will begin with a doctor’s order requiring the student to calculate mLs per hour and drops per minute for an intravenous solution. Time taping an IV solution bag will be checked for accuracy. Accurately prepare the secondary IV, add medication, and administer at the correct rate. The student will then “grab bag” 1 of the following skills: clean and dress the IV site, or convert an IV to an INT. Satisfactory performance is judged by performance detailed in the required nursing skills book.

D. **Skills Check #2** (prior to finals) Plan on 45 minutes to complete these skills. The student will be required to accurately calculate a dosage problem. The student will “grab bag” 2 out of 3 of the following skills the day of the final skills check: respiratory Assessment with nasotracheal suctioning, nasogastric tube insertion and removal, or Foley catheter insertion and removal. Satisfactory performance is judged by performance detailed in the required nursing skills book.

E. The first failure for any skills check will result in **2 points** taken off the final skills lab grade. A second failure for the same skills check will result in a failure for the course.

**Students are encouraged to seek remedial help from their instructor if they are unsatisfactory on any skills checks.** Students may retake the skills check after 24 hours or more from the failed check, but must recheck within 1 week.

4. **Written Assignment (CO 4, 6, 7)**
   a. An annotated bibliography of at least two nursing RESEARCH ARTICLES must be written using ELECTRONIC DATA BASE SOURCES. Research articles have an abstract, review of the literature, method, results, discussion/conclusion. The only exception to this might be a case study The articles should be on topics representing best practices in nursing, e.g., nursing procedures, patient safety, workplace safety, interdisciplinary communication, or working conditions to name a few. Consult with your instructor to determine the appropriateness of articles you wish to include in your bibliography.
   b. The articles must be submitted with the bibliography.
   c. **Evaluation of article:** Information on how to prepare an annotated bibliography can be found at [http://www.library.cornell.edu/olinuris/ref/research/skill28.htm](http://www.library.cornell.edu/olinuris/ref/research/skill28.htm)
   For example: What were the author’s conclusions? How did s/he reach those conclusions? Did the previous authors cited in the literature review reach the same conclusions (compare/contrast)? Is there any bias (e.g. - is there a potential conflict of interest because the researcher is doing research for a company s/he works for?)? Has anyone else validated this author's research? This is a factual review of an article; not a place to discuss your opinion. Do not use first person in a professional paper (e.g. I, you, in my opinion, this article supports my position, etc…). The article is being reviewed on its own merit.
   d. APA format must be used for this writing assignment. The media center has information regarding APA format. Questions not addressed by the preprinted media center information can be answered by your instructor. Citations must reflect that your sources are electronic.
   e. The **Scoring Rubric for Annotated Bibliography** is in the syllabus. If you require additional writing assistance the WWCC writing center is available by appointment.

From the WWCC Home Page → Current Students → Learning Resources → Writing
Conferences.
f. An annotated bibliography not turned in by the date on the course calendar will be graded as a zero.

5. ATI-Learning Systems PN
   Students must complete all exams with a score of 75% or greater. Refer to NUR 151 ATI-Learning Systems PN for a description and listing of exams, and policy regarding penalty for late assignments. ATI-Learning Systems PN must be completed before the exam date noted on the course calendar. ATI score reports turned in after the exam will result in a reduction of 1 percentage point from the theory grade.

6. Observational rotation assignments are due at the beginning of class the day following the observation experience. One point will be deducted from the final skills grade for late or unsatisfactory work.

7. General Requirements
   1. The student is responsible for any work missed due to absence.
   2. All written work must be legible, grammatically accurate, and correctly spelled.
      Instructors will return assignments without evaluation if they do not meet these criteria.
   3. All make-up quizzes or exams are scheduled by the section theory instructor. Only one scheduled test/quiz (theory or skills lab) can be made-up. Any subsequent test/quiz (theory or skills lab) not taken on the originally scheduled date and time will result in a zero grade for that test/quiz. Please refer to the Nursing Department Student Policy Handbook.

XI. ATTENDANCE
   The nursing program moves rapidly and many learning experiences cannot be duplicated, therefore it is important that you attend all scheduled learning experiences. Absences and tardiness will lower your course grade.

   Students who know in advance that they will be absent from a class, skills lab or final must contact the teacher(s) involved to let them know of the planned absence and to arrange for make-up work with the full-time faculty member and course coordinator. In the event of an unplanned absence, for whatever reason, it is the student’s responsibility to contact each teacher concerned upon returning to school to develop a plan for completing all make-up work. It is recommended that plans for completing make-up work be in writing. Any student who misses a scheduled make-up test or quiz will receive a grade of zero for that test or quiz.

   Any tardiness from 1-15 minutes will be recorded as a 15minute absence. After 15 minutes, total absence time will be recorded.

   Students are requested to notify the nursing department when they will be tardy or absent from class or skills lab. When students scheduled for clinical laboratory will be tardy or absent for any reason, they are responsible for notifying the clinical instructor no
later than 15 minutes prior to the start of the clinical lab. Failure to follow this procedure will result in a Clinical Notice for the student.

Attendance at all skills lab, preassignment and clinical laboratory experience is mandatory. See the Nursing Department Handbook for specifics of the attendance policy. Absences from skills lab; pre-assignment and clinical labs in excess of that specified for a particular course will result in a designation of “U” (unsatisfactory) for the clinical grade for that course.

H1N1 Statement
In the event of a flu epidemic or other emergency that results in the suspension of classes, faculty will be communicating with students about their courses and course requirements, such as assignments, quiz and exam dates, and class and grading policies, via faculty websites or Blackboard. Students will be responsible for completing all these assignments in accordance with class policies. Information about the resumption of classes will be communicated via the College’s website and email system.

*NOTE* Laboratory time consists of skills lab, preassignment and clinical laboratory.

NUR 151 – Absence Policy
1. A maximum of 11 hours of laboratory time may be missed without penalty. Any further missed laboratory time will result in a “U”. Any student who exceeds the acceptable number of absences for the course will receive a “U” (unsatisfactory) for clinical portion of that course. A designation of unsatisfactory for the clinical portion of the nurse program means a grade of “F” for the course and automatic withdrawal from the nursing program.

XII. Clinical Laboratory Requirements
A. Clinical Appearance
   A clinical notice is given to any student who does not meet the criteria for appearance. (see Student Policy Handbook)
B. If unable to attend, the student is responsible for contacting the appropriate clinical agency and notifying the instructor.
C. Clinical instructors or student preceptors (endo, OR, etc.) must be present when performing treatments or administering medications.

Students may not perform in the clinical laboratory any skill/task that they have not previously practiced in the campus skills laboratory.

D. When on the CLINICAL AREA students must calculate all dosages with 100% accuracy and verify with the instructor before being permitted to give the medication.
E. Completion of self-reflective journal for each clinical which is due before the start of the next theory class.
      a. Students are required to keep a self-reflective journal about clinical experiences.
         The journals are to be handed in the next class day.
      b. The self-reflections are to be kept in a bound notebook or folder.
      c. Every entry must be dated.
d. Students should address thoughts and feelings regarding the clinical experience.
2. Completion of self-evaluation of clinical performance every week. Self-
evaluations are to be handed in on the theory day following the clinical experience
using the Student Self Evaluation of Clinical Performance Sheet
F. Participate actively in pre and post-conference.
G. Preparedness
1. Any student who comes unprepared for a clinical experience, according to the
criteria below, may be dismissed for the day. If dismissed for coming unprepared,
the day will be counted as an absence.

Pre-assignment
A. Interview client and begin physical assessment.
   Begin nursing care plan by completing:
   I. Basic data (Health history, Psychosocial, Communication, Ego Integrity,
      Teaching/Learning, and Discharge Planning).
   II. Assessment of basic needs
      a.) Identify a minimum of three of the most important nursing diagnoses relating
to the patient’s symptoms/chief complaint. Develop goals and interventions
      for the highest priority nursing diagnoses. (2 physiological and 1
      psychosocial diagnoses)
      b.) Prepare Medication Information Sheets on all current drugs ordered.
      c.) Prepare an IV Flow Sheet for all continuous intravenous fluid orders.
      d.) Review skills from texts and agency procedure manual.
      e.) Collect significant laboratory data
      f.) Complete disease process form(s).
      g.) Complete physical assessment data and diagnostic tests to support
      identified nursing diagnoses (2 physiological and 1 psychosocial
      nursing diagnoses). At least two body systems should be completely assessed
      prior to leaving pre-assignment.
      h.) All reference material must be from a professional healthcare source.

B. On the clinical day
   a.) Complete physical exam on assessment tool.
   b.) Evaluate problems and goals written. Identify interventions not completed.
   c.) Revise/complete problem list, goals, interventions.
   d.) Complete Medication Information Sheets - (effectiveness of drug).
   e.) Update the IV Flow Sheet for all continuous intravenous fluid orders.
   e.) Review skills as needed.
   f.) Document the implications of lab tests and x-rays/diagnostic studies
   associated with the client disease or therapy on assessment tool.
   g.) Highlight abnormal data on physical exam tool.
   h.) Document all nursing diagnoses identified in appropriate columns on
   assessment tool.
   i.) Document the significance of laboratory values.
XIII. **ACADEMIC HONESTY**

Academic honesty is expected of all students. Cheating and plagiarism are violations of academic honesty. If academic dishonesty is suspected, a student may receive a zero on a test or paper. Discussion with the student will occur before penalties are implemented. Purposeful dishonesty may be reported to the Student Faculty Disciplinary Committee (see College Catalog). Student may appeal any penalty through the Student Faculty Disciplinary Committee (see College Catalog). Cheating occurs when one uses deceitful or dishonest means to obtain information, e.g. crib notes, copying from another’s test paper, etc. Plagiarism is copying or imitating the language and ideas of another, without footnoting, and presenting them as one’s work, e.g. copied papers, sections of books, etc. Students will be required to adhere to the following statement on all tests and exams. “I certify that I did not give or receive any information concerning this or previous tests before or during this test. I will not disclose or discuss the contents of the test with anyone outside of the classroom now or in the future. I understand that the penalty for violating this agreement is referral to the student-disciplinary committee and/or dismissal from the nursing program.”

XIV. Cell phones and pagers are not permitted in the clinical areas. All cell phones and pagers must also be turned off during class time. Ringing phones, etc… are disturbing to the class.

XV. Use electronic devices only for emergency situations or instructor-directed educational purposes in the classroom. Any inappropriate use of electronic devices that disrupts the learning environment will be subject to student code of conduct.

XVI. Due to privacy concerns, students may not video record under any circumstances in any classroom, lab or clinical setting. Students may audio record classroom lectures with instructor permission. The Nursing Department strictly prohibits the posting of any audio, video recording, or photo obtained in class, lab or clinical to any public media sites.

*Revised 5/2013*