



Course Announcement

To: All Law Enforcement and Correctional Agencies

From: John C. Moses
Director of Criminal Justice
Wor-Wic Community College

Date: March 13, 2023

Re: **Public Safety Peer Wellness/Peer Support**
CJA121-5009
MPCTC Approval #: Pending (16 hours)

May 16 to 17, 2023 (corrected days listed below)

Location: Eastern Shore Criminal Justice Academy
Wor-Wic Community College
Henson Hall, Room 105
32000 Campus Drive
Salisbury, MD 21804

Dates & Times: **Tuesday**, May 16 to **Wednesday**, May 17 0745 – 1700

Fee: Paid by a grant.

Reservations: Email requests to escjaregistration@worwic.edu

This course is designed to meet the requirements for Providing Peer Support. Anyone who is interested in a CIT update can also attend this course.

The Responder Training Series program is designed for public safety first responders. Public safety personnel respond to crisis events on a consistent basis. Many events are traumatic in nature and may affect people in a negative way if protocols are not provided to mitigate the harmful effects of acute distress.

The Responder Training Series takes a systematic approach at providing useful tools for “First Responders” to utilize following distressful events. It provides them the tools and knowledge to assist their peers. This program includes the following topics: Stress Management, Burnout, Critical Incidents, Posttraumatic Stress Disorder, Effective Listening, Critical Incident Stress defusing/debriefing, Problem Solving, Implementation of Peer Support, Review of Peer Support Roles, Confidentiality and Limitations, General Assessment, and Referral and Follow Up.

Upon completion of this course, the student should be able to:

1. Define and identify Critical Incidents.
2. Describe the impact of Critical Incidents on a person’s home, health, community, and purpose.
3. Identify different interventions to assist peers.

4. List components of CISM system.
5. Identify appropriate criteria for Peer Support.
6. Identify self care measures.
7. Identify when to make additional referrals.
8. Identify referral sources.

This course is designed to meet requirements as mandated by the Maryland Police and Correctional Training Commissions and to meet the annual in-service requirements.

Class Size: Restricted size, seating is limited.

Attendance: You must attend the entire class to receive in-service credit.

Dress Code:

To maintain a professional appearance, all in-service officers/staff must follow the prescribed dress code to be admitted to any training held at the Academy.

- Uniform of the day recommended
- Shirt with a collar—**No** t-shirts or tank tops
- Docker style pants, BDU's or suit—**No** shorts or jeans
- Full shoe with socks—**No** sandals

Firearms—All officers wearing a handgun on campus in plain view MUST also wear his/her badge in plain view.

Failure to Adhere to the Dress Code

Academy attendees will be denied admittance to the classroom or range and a report will be sent to the Chief/Sheriff/Warden/Director, stating the reasons the officer/staff was not allowed to attend the training session.



RESERVE YOUR SEAT!

How to reserve a seat:

- Complete the ESCJA Reservation Form (pdf file attached to this email)
- Type, do not handwrite, required information onto form
- “Save” and email saved file to escjaregistration@worwic.edu

You will be notified if your seat is confirmed or if you have been placed on standby.